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*Appropriate to be used with Dutch Oven Cooking Units I and II.  
**Appropriate to be used with Dutch Oven Cooking Units III and IV

## Acknowledgments:

This Dutch oven cookbook is a collection of recipes from a variety of sources. The collection was put together by Claudia Brush, Joey Peutz and Nancy Shelstad.  

2010

Recipes included in this cookbook are from the following sources:  

"Dutch Oven Cookin", Dick Stucki, Bonneville Publishing Co.  
“Today’s Tips for Easy Living”, Dian Thomas, HP Books  
“Lovin’ Dutch Ovens”, Joan S. Larsen, LSF Publications  
“Championship Dutch Oven Cookbook”, Val & Marie Cowley, General Publishing & Binding  
“ISU Oourdoor Program Spring ’91”, Idaho State University  
LuJuana Winder  
Linda Short  
Sam Maggard  
Joel Jeremiah Eskelson  
Dale Dalley  
“The ABC’s of Dutch Oven Video”  
Ruth Anne and Reuben Winder  
Claudia Brush  
http://papadutch.home.concast.net/
Introduction

Select one or more of the following recipes to meet the requirement as stated in the beginning of the Dutch Oven Cooking project manual. Remember, all the recipes you choose to cook and put into your recipe book for exhibit must be neatly written or typed. You may use the recipe cards attached if you want. For all the recipes, use the “3 up, and 3 down, = 325 degrees” formula unless otherwise noted. **WATCH CAREFULLY!**

**NOTE:** a 12-inch Dutch oven will serve anywhere from 6 to 18 servings, depending if it is a side dish or the main dish.

Read about cooking temperatures in your project manual carefully before beginning.

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**Table of Dutch Ovens**

<table>
<thead>
<tr>
<th>Diameter</th>
<th>Weight</th>
<th>Capacity</th>
<th>Serves</th>
</tr>
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<tbody>
<tr>
<td>5”</td>
<td>3 ¾ #</td>
<td>1 qt.</td>
<td>1-3</td>
</tr>
<tr>
<td>8”</td>
<td>9 ¼ #</td>
<td>2 qts.</td>
<td>2-6</td>
</tr>
<tr>
<td>12”</td>
<td>18+ #</td>
<td>6 qts.</td>
<td>6-18</td>
</tr>
<tr>
<td>12” Deep</td>
<td>19 ¾ #</td>
<td>8 qts.</td>
<td>6-25</td>
</tr>
<tr>
<td>14”</td>
<td>24 ½ #</td>
<td>8 qts.</td>
<td>8-28</td>
</tr>
<tr>
<td>14” Deep</td>
<td>27 #</td>
<td>12 qts.</td>
<td>10-34</td>
</tr>
<tr>
<td>15” Deep</td>
<td>46 ¾ #</td>
<td>14 qts.</td>
<td>a lot of folks</td>
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<tr>
<td>16”</td>
<td>33 #</td>
<td>12 qts.</td>
<td>12-38</td>
</tr>
</tbody>
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*C.W. “Butch” Welch, *Cee Dub’s Dutch Oven and Other Cookin’, 1996*
Soups & Stews

Chicken Barley Soup

12” Dutch Oven

Ingredients:
1 broiler-fryer chicken (2 to 3 pounds) cut up  
2 ½ quarts water  
1 ½ cups diced carrots  
1 cup diced celery  
½ cup barley  
½ cup chopped onion  
1 chicken bouillon cube  
½ tsp salt  
½ tsp poultry seasoning  
½ tsp pepper  
½ tsp dried sage  
1 bay leaf

Preparation:
In your Dutch oven, boil chicken in water until tender. Use 16 coals on bottom and 14 on top. Water should keep bubbling throughout cooking time. Cool broth and skim off fat. Bone the chicken and cut meat into bite sized pieces.

Return to the Dutch oven along with remaining ingredients. Put back on coals and cook for about 1 hour or until vegetables are tender. Remove the bay leaf. Add more liquid if necessary. Cook with 8 coals on the bottom and 14 on the top.

Taco Soup

12” Dutch Oven

Ingredients:
1 pound hamburger  
1 quart tomatoes  
1 package taco seasoning  
2 cups whole kernel corn  
2 cups kidney beans  
¾ cup shredded cheddar cheese  
tortilla or corn chips

Preparation:
Brown hamburger; drain off fat. Add tomatoes, taco seasoning, corn, and beans. Cook with 9 coals on bottom and 14 on the top for 30 minutes. Serve in bowls topped with cheese.
German Potato Soup

12” Dutch Oven

Ingredients:
3 cups peeled cubed potatoes     6 cups water
1 ¼ cups sliced celery           ½ tsp salt
½ cup chopped onion             1/8 tsp pepper

Drop Dumplings:
1 egg beaten                     ½ tsp salt
1/3 cup water                    ¾ cup all-purpose flour

Preparations:
Combine first 6 ingredients in Dutch oven and cook until they are tender, about 1 hour. (Put 8 coals on bottom and 12 on top). When vegetables are tender, mash with a potato masher.

For drop dumplings: combine egg, water, salt, and flour. Stir until smooth and stiff. Drop by teaspoon onto hot soup. Cover with lid and place back on the coals for about 15 more minutes to cook dumplings. Do not lift during cooking time.

Hamburger Vegetable Soup

12” Dutch Oven

Ingredients:
1 pound ground beef               4 cups canned tomatoes
1 cup chopped onion               ½ cups rice
2 cups diced potatoes             5 cups water
2 cups shredded cabbage          1 bay leaf
1 ½ cups sliced celery

Preparation:
Cook the ground beef and onion until meat is brown. Drain off excess fat. Add all other ingredients and cook for 1 hour or until vegetables are tender.

Cook with 9 coals on bottom and 14 on top.
**Waldorf Astoria Stew**

12” Dutch Oven

**Ingredients:**
- 2 lbs. lean round steak, cubed
- 2 medium onions cut in chunks
- 1 cup celery, sliced
- 2 cups carrots, sliced
- 4 potatoes, in lengthwise wedges
- 3 Tbsp minute tapioca
- 1 tsp salt
- 1-10 ¾ oz. can tomato soup
- 1 soup can water

**Preparation:**
Place small pieces of beef in Dutch oven and arrange vegetables around them in an attractive pattern. Sprinkle with salt and tapioca.

Mix soup and water together. Pour this over all ingredients in the Dutch oven. Cook with 9 coals on bottom 13-15 coals on top for approximately 1 hour or until vegetables are tender. You may need to add more liquid.

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**Venison Stew**

12” Dutch Oven

**Ingredients:**
- 1 lb Venison/Elk/Pork Chops
- ½ lb bacon, chopped
- 1 med onion, chopped
- 3 cloves garlic, minced
- 6 potatoes, sliced
- 1 can cream of mushroom soup
- 1 med red/green pepper, chopped
- 1 can corn, drained
- 2 stalks celery, chopped
- 1 can mushrooms, drained

**Preparation:**
Brown bacon, partially. Add venison, onion, and garlic. Cook until venison is about done. Add remaining ingredients and simmer 1 hour. Number of briquettes; 12 on top, 9 n bottom. Cooking time, 1 ½ - 2 hours.
One Pot Dishes/Main Dishes

Shepherd’s Pie
12” Dutch Oven

Ingredients:
- 1 lb. hamburger
- ½ cup chopped onion
- 1-10 ¾ oz. can tomato soup

- 1-14 ½ oz. can drained green beans
- 2 cups mashed potatoes
- ½ cup grated cheddar cheese

Preparation:
Brown hamburger in Dutch oven and then drain. Add 1 can tomato soup and stir in green beans. Top with mashed potatoes and cheese. Bake for 30 minutes or until hot and the cheese melts. Use 9 coals on bottom and 14 on top.

Excellent Chili Relleno
12” Dutch oven

Ingredients:
- 2-7 oz. cans whole, peeled, green chilies
- 1 lb. grated cheddar cheese
- 4 eggs
- 2 Tbsp. flour

- 2-15 ½ oz. cans evaporated milk
- 1 lb. grated Monterey Jack cheese
- 1-16 oz. can tomato sauce

Preparation:
Cover bottom of Dutch oven with open and flattened green chilies. Sprinkle cheese evenly over chilies. In separate bowl, mix flour, and evaporated milk. Pour mixture over cheese and chilies. Bake for about 40 minutes (Coals – 9 bottom, 14 top). After baking, cover top with Monterey Jack and tomato sauce. Cook 15 minutes longer. Serve hot!
Dutch Oven Layered Dinner

12” Dutch Oven
12 coals on the bottom and 12-14 on top. Use the 2/3 method. Cook 30 to 45 minutes.

8 to 10 servings.

Fry 2 pounds of hamburger and set aside. Peel and slice at least one medium potato per person. Peel and slice at least one carrot per person. Two sliced onions.

Layer each item in Dutch Oven and add hamburger to the top. Mix one can of Cream of Mushroom soup with ½ can of milk and pour over the top of the other ingredients. Bake until carrots and potatoes are done. Salt, pepper, and season to taste.
Desserts

Pineapple Upside Down Cake

12" Dutch Oven AND Aluminum foil

Ingredients:
1-15 ¼ oz. can pineapple (use 6 slices)  1 ½ tsp baking powder
2/3 cup brown sugar      ½ tsp salt
1/3 cup butter or margarine  ¼ cup milk
8-10 Maraschino cherries  1 egg
1 ¼ cup flour         1 tsp vanilla
1 cup sugar

Preparation:
Line Dutch oven with foil. Preheat oven to about 350 degrees. Melt butter in oven.
Sprinkle brown sugar over butter. Arrange pineapple slices over butter/sugar mixture
with cherries in pineapple rings. Take off heat while making batter.

Mix remaining ingredients in a bowl, beat by hand or mixer for about 3 minutes or until
smooth. Pour batter over pineapple topping. Bake over 6 coals on bottom and 14-16
on lid of 30 minutes. Remove from heat and continue for 15 more minutes or until done.

Dump Cake

10" Dutch Oven

Ingredients:
½ cup butter or margarine
1-21 oz. can fruit pie filling of your choice
1 box cake mix - coordinate with the fruit filling
1-12 oz. can Lemon-Lime Soda

Preparation:
Line you oven with aluminum foil. In a 10 inch Dutch oven place ¼ cup of butter or
margarine, place on heat, and melt. Add pie filling, sprinkle cake mix on top of cake
mix. Pour soda over all and bake 20 to 30 minutes. Bake with 6-7 coals on bottom and
12-13 coals on top.
**Cookie Apple Cobbler**

10" Dutch Oven

**Dough Crust:**
- ¾ cup sugar
- 1/3 cup butter
- 1 egg beaten
- 1 Tbsp milk
- ½ tsp vanilla

- 1 ½ cups flour
- 1 ¼ tsp baking powder
- ¼ tsp salt

In a mixing bowl, combine sugar and butter thoroughly. Add egg, milk, and vanilla. Sift dry ingredients together. Beat into creamed mixture. Chill dough while preparing filling.

**Filling:**
- 6 cups sliced and peeled apples
- ¾ cup brown sugar
- 2 Tbsp flour

- 1-1/2 tsp cinnamon
- dash nutmeg
- 1-½ Tbsp lemon juice

Combine the 1 Tbs. sugar and cinnamon. Sprinkle on top of dough. Bake 30-40 minutes until golden brown. Top finished cobbler with whipped cream if desired. Bake with 6-7 coals on bottom and 12-13 coals on top.

**Simply Chocolate Cake**

12" Dutch Oven

**Ingredients:**
- 2 cups sugar
- 3 cups flour
- 1 tsp salt
- ½ cup cocoa

- 2/3 cup vegetable oil
- 2 cups cold water
- 2 Tbsp vinegar

- chocolate chips
- powdered sugar

**Preparation:**
Mix all dry ingredients thoroughly. Add remaining ingredients and mix well. Oil and flour Dutch oven as you would a cake pan. Pour in cake batter, sprinkle as many chocolate chips on top as you like. For a 12" oven use 9-10 coals on the bottom and 15-17 coals on the top. Bake for 30-40 minutes. Rotate oven every 5-7 minutes. Remove from bottom heat after 20-25 minutes and finish baking with top heat only. Test with tooth pick when done. Remove from heat, leave lid cracked open. Sprinkle with powdered sugar before serving.
**Peach Cobbler**

12” Dutch Oven AND Aluminum foil

**Ingredients:**
- 2 ½ cups flour
- 2/3 cup shortening
- 2 tsp vanilla
- 1 cup sugar
- 3 tsp baking powder
- 2-16 oz. can peaches, drained, (keep juice)
- 1 cup brown sugar
- 2 eggs
- 1 tsp salt
- 1 ½ cups milk

**Preparation:**
Line oven with foil. Put drained peaches in bottom of Dutch oven. In mixing bowl; mix up batter, make sure it is thick enough to pour (add peach juice if too thick). Bake 30-35 minutes over 6-8 coals and 14-16 on lid. Check top to make sure it is done.

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**Apple Crunch**

12” Dutch Oven

**Ingredients:**
- 1 cup regular rolled oats (not quick or instant)
- 4 cans (each 21 oz.) apple pie filling
- ½ cup brown sugar
- about 1 to 2 Tbsp honey
- 2 tsp cinnamon
- 1 tsp. lemon juice
- dash nutmeg

**Preparation:**
Simmer apple pie filling in oven while preparing dry ingredients. Swirl honey over hot apple filling. Sprinkle lemon juice over filling. Mix dry ingredients and shake evenly over apples. Cook for 15-20 minutes until oats are browned. Use 8-10 coals on bottom and 14-16 on lid.
Breakfast

German Pancakes
12" Dutch Oven

Ingredients:
1 cup milk
1 cup flour
6 eggs
¼ tsp salt
6 Tbsp margarine

Preparation:

Yummy Country Breakfast
12" Dutch Oven

Ingredients:
1 ½ pounds ground sausage
8 eggs
3 cups milk
¾ tsp salt
9 slices bread with crust removed
¾ pound grated cheddar cheese

Preparation:
Brown and drain sausage and set aside. Mix eggs, milk, and salt, together; heating slightly. Tear bread into 1 inch squares and stir into egg mix. Add the sausage and cheddar to the egg mix. Pour back into oiled Dutch oven and bake for 45-60 minutes. Place 8 coals on bottom and 14-16 on top. Use the 2/3 Timing Method.

Note: If you don’t like sausage, you could substitute hamburger or even chopped ham or spam.
**Mountain Man Breakfast**

12” Dutch Oven

**Ingredients:**
1 – 32 ounce package hash browns
12 eggs, beaten
3 pounds sausage
1 pound cheese, grated

**Preparation:**
Pre-cook sausage in Dutch oven. Take out sausage; leave enough drippings in oven to cover the bottom. Pour eggs and into reserved drippings and stir well. Stir in hash browns, cheese, and top with sausage. Cook for approximately 30 minutes in a 350 degree oven. Makes 10-16 servings. Use 14 coals on the top and 9-10 coals on the bottom. Pour eggs and into reserved drippings and stir well. Stir in hash browns, cheese, and top with sausage. Cook for approximately 30 minutes in a 350 degree oven. Makes 10-16 servings. Use 14 coals on the top and 9-10 coals on the bottom.

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**Scrambled French Toast**

12” Dutch Oven

**Ingredients:**
4 eggs
1/8 tsp nutmeg
3 Tbsp sugar
8 slices of bread, cubed

1 cup milk
6 Tbsp butter/margarine
½ tsp salt
½ tsp cinnamon

**Preparation:**
Beat egg, milk, sugar, and spices in a bowl. Add the cut bread to the egg mixture and mix well. Let stand for a few minutes to absorb the egg and milk.

Melt butter in Dutch oven over 6 hot coals (watch carefully!!) Add 4 more coals under the Dutch oven for extra heat. Into this hot pan, pour the egg mixture and bread cubes. Cook and stir with folding strokes until golden brown. Serve with your favorite syrup. Make 4 servings.
Quick Breads

Biscuits

12” Dutch Oven

Ingredients:
2 cups Dry Baking Mix (recipe below)
½ cup water

Preparation:
Mix dry baking mix and water until all liquid has been absorbed. Pat out or roll on a floured surface, leaving dough about ½ inch thick. Cut using biscuit cutter or soup can. Grease Dutch oven lightly. Place biscuits in oven. Then, brush tops of biscuits with melted butter if desired. Bake with 7-8 coals on the bottom and 16-18 coals on top for 10-15 minutes. Use the 2/3 Timing Method.

Dry Baking Mix

Ingredients:
2 cups flour
1 Tbsp sugar
1 Tbsp baking powder
½ tsp salt
1/3 cup lard or shortening

Preparation:
Sift or mix dry ingredients. Cut in lard until mixture resembles fine meal. Store in a tight lidded container.
Cream Soda Biscuits

12" Dutch Oven

Ingredients:
4 cups self-rising flour
1/3 cup oil
1- 12 ounce can cream soda

Preparation:
Mix all ingredients together to make a soft dough. Roll out on a lightly floured board to about ½ inch thickness. Cut with a biscuit cutter or an open, clean soup can. Place the biscuits into a greased Dutch oven and bake about 20-25 minutes or until golden brown on the top. Use 9-10 coals on the bottom and 15-16 on the top. Use the 2/3 Timing Method.

Quick Corn Bread

10" Dutch Oven

Ingredients:
2 eggs
2 cups Bisquick or dry baking mix
6 Tbsp cornmeal
1 cup milk
½ tsp soda
½ cup oil
2/3 cup sugar
3 Tbsp flour

Preparation:
Mix all ingredients together until they are a smooth
Mexican Cornbread

10” Dutch Oven

Ingredients:
- 2 eggs well beaten
- ½ tsp baking soda
- 1 cup corn meal
- 1 onion chopped
- 1 -17 oz. can creamed corn
- ½ tsp salt
- ¼ cup milk
- 1.2 lb. grated cheese
- 1/3 cup melted margarine or butter
- 1 -4 oz. can green chilies (drained)

Preparation:
In a mixing bowl, combine eggs, corn meal, creamed corn, milk, melted butter, soda, onion, and salt. Mix together but do not over mix.

With a paper towel, spread some shortening on bottom and sides of Dutch oven. Spread half the corn bread mixture on the bottom. Top this with half the grated cheese then add all the chilies. Spread the remaining corn bread mixture on the chilies and top with the rest of the cheese. Bake about 20-30 minutes in a 350 degree oven. Makes 5 to 6 servings. Use 8 – 10 coals on the bottom and 10-12 on the top. Use 2/3 Timing Methods.
Vegetables and Grains

Spanish Rice

12” Dutch Oven

Ingredients:
- 8 slices bacon
- ½ cup finely chopped onion
- ¼ cup chopped green pepper
- 1-1 lb. can tomatoes
- 1 cup water
- 1 cup instant rice or 2 cups precooked regular rice
- ½ cup chili sauce
- 1 tsp salt
- 1 tsp brown sugar
- ½ tsp Worcestershire sauce

Preparation:
Cook bacon until crisp, and then remove from oven. Pour off ½ the fat. In remaining fat, cook onion and green pepper till tender but not brown. Add all remaining ingredients. Cover and cook 10 minutes with 5 coals on bottom and 9 on top. Just before serving crumple bacon and put on top. Trim with parsley.

Dutch oven Vegetables

12” Dutch Oven

Ingredients:
- 5 cups sliced vegetables: (broccoli, zucchini, cauliflower, carrots etc.)
- 1 cup chopped onion
- 1 clove minced garlic
- 2 eggs, slightly beaten
- 1 ½ cups cheddar cheese
- 1 ½ cups Monterey jack cheese
- Salt and pepper
- ½ tsp Italian seasoning

Preparation:
Grate the cheeses and cut up the vegetables. Set aside. Blend Italian seasonings, salt, and pepper together in a bowl. To this, add onion, garlic, eggs, and half of each of the cheeses.

Coat the bottom and sides of the Dutch oven with butter flavored shortening and layer the vegetables in the oven. Pour egg mixture over the vegetables. Then sprinkle the remaining cheese on top. Bake for approximately 45 minutes with 8-10 coals on the bottom and 14-16 on the top. Check for tenderness. Serve and enjoy! (4-6 servings)
**Steamed Veggies**

12” Dutch Oven

**Ingredients:**
Use about 1 ½ cups of prepared vegetables per person. The following are a few suggestions:

- Cauliflower
- Onions
- Summer Squash (zucchini, crooked neck, etc.)
- Broccoli (use heads)
- Mushrooms
- Carrots
- Peppers (green, yellow, etc.)

Water plus Salt and Pepper to Taste

**Preparation:**
Wash and peel those vegetables that require it and cut into bite size pieces. Cove the bottom of the Dutch oven with about ½ inch of water and add the vegetables. Cook with 9 coals on the bottom and 12-14 on top. Steam until tender crisp. Drain remaining water and serve hot with either the Lemon Butter or Butter Sauce (recipes listed below). Serves 6 to 8.

**Lemon Butter**
Using a 10” Dutch oven and 6 coals on Bottom, melt ½ cup butter and add juice of one lemon and 1 teaspoon parsley. Drizzle this over hot vegetables.

**Butter Sauce**
Using a 10” Dutch oven and 6 coals on bottom, melt ½ cup butter first, then add ¼ tsp. salt, 1 Tbsp. Parmesan cheese, and 2 finely chopped green onions. Drizzle mixture over hot vegetables.

**Sparkling Potatoes**

12 inch Dutch Oven

**Ingredients:**

- 1 lb. of bacon
- 1 large onion, diced
- 4 medium sized carrots, sliced
- 10 medium sized potatoes, sliced
- ½ lb. pound fresh mushrooms, sliced
- 1 12 ounce can of Sprite
- 1 tsp. salt
- ½ tsp. pepper
- ½ lb. mild cheddar cheese, grated

**Preparation:**
Cut bacon into small pieces and brown in bottom of Dutch oven. Remove bacon and set aside. Remove bacon and set aside. Remove part of bacon drippings and add onion and carrots and fry until onions are clear, stirring often.

Add potatoes and mushrooms, stir, and pour in Sprite. Sprinkle with salt and pepper and steam until potatoes and carrots are tender. Just before serving, top with cheese and continue cooking until it melts. Serve directly from oven and spoon sauce over portions. Cook with 10-12 coals on the bottom and 14-16 on the lid. This takes about 30-45 minutes. Makes 10-12 Servings.
Creamed Peas and Potatoes

12" Dutch Oven

Ingredients:
- Small red potatoes (2 or 3 per person)
- 1 small box frozen peas
- 1 small onion chopped
- Butter / Margarine
- 3 cups water

Preparation:
Wash but do not peel potatoes. Cut into bite sized pieces. In Dutch oven and add water, potatoes, and onion and cook until just tender. Add peas and heat until warm. Set aside and make white sauce. Cook with 9 coals on bottom and 12-14 on top. Makes 4 to 6 servings.

White Sauce (Use a 10" Dutch oven)

Ingredients:
- 3 Tbsp butter
- ½ tsp salt
- 3 Tbsp flour
- 1 cup milk

Melt butter over low heat (6 coals on bottom). Blend in flour and cook over low heat until bubbly but not brown. Remove from heat and add milk and stir until smooth. Return to heat and stir constantly, heat until thickened. Do not boil. Add white sauce to peas and potatoes and heat and serve.

Orange Carrots

12" Dutch Oven

Ingredients:
- 2 lbs. carrots
- ¼ cup butter/margarine
- 1 jar orange marmalade

Preparation:
Peel carrots and slice into rounds. Melt butter in bottom of Dutch oven and spread carrots evenly over the butter. Pour marmalade over the carrots.

Bake approximately 45 minutes or until carrots are tender using 10 coals on the bottom and 12-14 on the top.
Calico Beans

12" Dutch Oven

Ingredients:
- 1 lb. hamburger
- ½ lb. chopped bacon
- 1 large onion, chopped
- 1 cup ketchup
- 1 Tbsp vinegar
- ½ cup molasses (optional)
- 1-29 oz. can pork & beans
- 1-15 oz. can garbanzo beans
- 1-15 oz. can kidney beans
- 1 lb. frozen baby lima beans
- 2 tsp salt
- ¾ cup brown sugar

Preparation:
Fry bacon in Dutch oven. Add hamburger and onion. Cook 7-10 minutes. Add rest of ingredients and mix well. Cover and bake for 1 hour in a 350 degree oven using 6-8 coals on the bottom and 14-18 on the top. Makes 6 servings

String Bean Casserole

10" Dutch Oven

Ingredients:
- 2-14 ½ oz. cans green beans
- 1-14 oz. can bean sprouts
- 1-4 oz. can mushrooms slicked
- 1-5 oz. can water chestnuts, sliced
- 1-10 ¾ oz. can cream of mushroom soup
- 1 cup grated cheddar cheese
- 1-2.8 oz. can french fried onions

Preparation:
Drain liquid from string beans, bean sprouts, mushrooms, and water chestnuts. Combine vegetables in Dutch oven. Add soup and stir. Top with grated cheese. Bake approximately 30 minutes with 8-10 coals on the bottom and 10-12 on the top. Add French fried onions and bake an additional 15 minutes. 5-6 servings
Zucchini Cheese Surprise

12” Dutch Oven

**Ingredients:**
- 3 or 4 small zucchini
- 1 cup water
- 2 cups grated cheese

**Preparation:**
Wash and quarter zucchini. Pour water into Dutch oven and add zucchini.

Steam until tender using 10-12 coals on the bottom and 12-14 on the top. Drain and top with cheese, cover and bake until cheese melts. Makes 6 Servings

Zucchini Fries

10” Dutch Oven

**Ingredients:**
- 1 large zucchini
- 2 cups flour
- 1 cup very fine dry bread crumbs
- ¼ cup parmesan cheese
- Oil

**Preparation:**
Pour about 3 inches of vegetable oil into Dutch oven and heat over about 14 coals. Watch carefully because oil can burn and even burst into flames.

Peel zucchini and discard seeds. Cut zucchini into fries. Combine flour, bread crumbs, and cheese. Dredge in flour mixture. Carefully put the fries into the hot oil using a slotted spoon. Use the spoon to retrieve the fries when they are golden brown. Drain on paper towel covered plate and salt, if wanted, before serving. Makes 4-5 servings.

Note: Potatoes can be substituted for zucchini.
Cooking on the Lid

**Grilled Cheese**

10” or 12” Dutch Oven Lid

*Ingredients:*
4 slices bread
American, Cheddar or Provolone Cheese
Butter or margarine

*Preparation:*
Spread butter or margarine on one side of each slice of bread. Place two slices of bread, butter side down on preheat lid, place cheese on bread, add remaining slices of bread on top of cheese, butter side up. Grill to light brown, turn over and grill second side until light brown.

Serves 2

**Meatloaf Burgers**

12” or 14” Dutch Oven Lid

*Ingredients:*
2 lbs hamburger
¼ cup catsup
6 – 8 saltine crackers, crushed
1/4 cup BBQ sauce
1 tsp pepper
1 Tbsp chopped parsley
1 small onion, chopped
2 eggs
1 Tbsp Worcestershire sauce
1 tsp salt
1 tsp Season All
1 tsp crushed oregano

*Preparation:*
Mix all ingredients together. Form into 8 burgers. Place up to 4 burgers on preheated lid. Cook for 4 to 5 minutes, then turn. Cook for 4 to 5 minutes or until desired doneness.
Dessert Burritos

10" or 12" Dutch Oven Lid
10" Dutch Oven

Ingredients:
1 dozen flour tortillas
1 lg can pie filling (apple, cherry or berry)
Whipped topping

Preparation:
Dump pie filling into Dutch oven to warm.

On preheated lid, place one tortilla and warm on first side, then turn and warm other side. Remove tortilla to a towel or foil to keep them warm, continue to do the same with remaining tortillas. To assemble your burrito, take one tortilla, fill with pie filling, roll up like a burrito and top with whipped topping.

French Toast

10" or 12" Dutch Oven Lid

Ingredients:
4 eggs
½ cup milk or half & half
1 tsp cinnamon
1 tsp vanilla

Bread
Vegetable oil & paper towel

Preparation:
Place Dutch oven lid upside down over coals – place two pieces of wood parallel or three similar size rocks on the coals and rest the lid on them to leave air space under lid. Pour some vegetable oil on the paper towel and wipe the lid to cover in a thin film of oil.

Mix all the ingredients together with a wisp or fork until well blended. Quickly dip the bread into mixture and coat both sides. Place on a greased Dutch oven lid and cook until lightly browned on both sides.
Pancakes

10” or 12” Dutch Oven Lid

Ingredients:
2 cups all-purpose flour  
2 ½ tsp baking powder  
½ tsp salt  
1 egg

1 ½ cup milk  
2 Tbsp melted butter  
Vegetable oil & paper towel

Preparation:
Pour flour, baking powder, and salt into a zip-loc bag and mix well. In a separate bowl, mix egg and milk. Pour flour mixture into bowl, stirring only until smooth. Blend in melted butter.

Place Dutch oven lid upside down over coals – place two pieces of wood parallel or three similar size rocks on the coals and rest the lid on them to leave air space under lid. Pour some vegetable oil on the paper towel and wipe the lid to cover in a thin film of oil.

Pour about ¼ cup of batter in the center of the griddle. Cook until brown and dry around edges with bubbles on top. Flip over and brown the other side.

Makes 12 – 16 pancakes.
Yeast Breads

Quick Yeast Bread

12” Dutch Oven

Ingredients:
1 cup warm water          1 tsp salt
1 package dry yeast       1 egg
2 Tbsp sugar              2 Tbsp shortening or oil
2 ½ cups flour

Preparation:
In a large mixing bowl, dissolve yeast in water with sugar. Stir in half the flour. Add the salt. Beat with a spoon until smooth. Add the egg and shortening. Beat in the rest of the flour until smooth. Cover and let the dough rise until double in size, about 30 minutes.

Stir down dough and spoon it into greased oven and let rise until double in size again, about 30 minutes. Bake with 6-8 on the bottom and 12-14 on top until brown, about 20 to 25 minutes. Remember the 2/3 Timing Method.
Fabulous French Rolls

12" Dutch Oven

Ingredients:
1 ½ cups water
1 package yeast (2 tsp)
1 Tbsp. sugar
1 tsp. salt

2 Tbsp. butter or margarine
4 cups flour
Sesame seeds (if desired)

Preparation:
Heat water in Dutch Oven. Remove ½ cup at lukewarm stage and mix with yeast and sugar in separate bowl to dissolve. Set aside and let the mixture start to bubble or foam.

Add salt and butter to remaining hot water in the Dutch Oven. In large mixing bowl, combine hot water mixture and 2 cups flour and beat until well blended. Add yeast mixture and 1 cup flour; mix, and add another cup of flour. Blend. Add more flour if necessary to make moderately stiff dough.

Put dough onto a lightly floured clean countertop. Knead dough until satiny and well mixed. Let rise in a warm place for ½ hour. Punch down and form into balls. Dip balls into melted butter and place into Dutch Oven. Sprinkle with Sesame seeds. Cover and allow rising until doubled in size. Bake with 6 coals on the bottom and about 15 on top. Rotate oven ¼ turn every 5 minutes. Butter the tops of the rolls when they are golden brown and serve. Use a 12 inch Dutch Oven. Remember the 2/3 Timing Method. Makes 12 rolls.
Snake River Sticky Buns

Use a 8” or 10” Dutch Oven and a 12” Dutch Oven

Ingredients:
1 cup milk
½ cup sugar
¼ cup butter
1 tsp salt
1 Tbsp dry yeast
¼ cup warm water
1 egg, beaten
3 cups flour

Bottom Mixture:
½ cup butter, melted
1 cup brown sugar
1 tsp vanilla
1 cup pecans

Filling:
½ cup soft butter
½ cup brown sugar
½ cup chopped dates or raisins
1 Tbsp cinnamon

Preparation:
In 8 or 10 inch Dutch Oven, over 6 coals, heat milk until bubbles from around the edge of pan; remove from heat. Add sugar, butter, salt; stir to melt butter. Cool to lukewarm.

In small bowl, stir yeast into warm water to dissolve. Stir into lukewarm milk mixture and add egg and stir well. Gradually add flour and stir until mixed. This will be a very soft dough. Cover egg and stir until mixed. This will be a very soft dough. Cover with towel and let rise in a warm place, free from drafts, until double in bulk – about 1 hour.

While dough is rising, make the bottom mixture and the filling. BOTTOM MIXTURE: In a small bowl, mix the melted butter, brown sugar and vanilla. In the bottom of a 12 inch Dutch Oven, evenly spread this mixture. Sprinkle the chopped pecans over this mixture. Set this aside.

Punch down the dough and roll into a 16 x 12 inch rectangle. Spread dough with the soft butter and sprinkle the brown sugar over this. Then, sprinkle the dates or raisins and the cinnamon on. Roll up jelly roll fashion from the long side. Cut the roll into 12 slices using a 12 inch length of dental floss. Slide the floss under the roll and cut a slice by crossing it on the top and pulling the floss through the dough. Place the slices on top of the mixture in the Dutch Oven.

Cover the oven with a towel and let rise for about 1 hour. Bake for 15 minutes with 10 coals on the bottom and 12-14 on top. Use the 2/3 Timing Method. Serves 12.
Braided Sesame Bread

12” Dutch Oven

Ingredients:
1 cup milk, scalded
1 ½ Tbsp dry yeast
3 Tbsp. sugar
1 ½ cups warm water
1/3 cup oil

2 ½ tsp salt
5 ½ cups flour
1 egg white, beaten foamy
2 Tbsp butter or margarine
4 cups flour

Preparation:
In oven over 6 coals, heat milk until bubbles form around edges of pan. Cool to lukewarm. Stir in yeast, sugar and water. Set aside until yeast is foamy. Then add oil, salt and gradually the flour. Mix well and knead until smooth and satiny. Let rise until double in bulk, about 1 hour.

Divide dough in half and then each half into thirds. Repeat with 3 more ropes. Place around the inside a Dutch Oven. As each braid is placed in the oven, brush with beaten egg white and sprinkle with Sesame seeds.

Let raise for about one hour or until double in bulk. Bake in a 350 degree oven until bread begins to brown and pulls away from the side of the oven. This takes about 30-40 minutes. After 2/3 of the cooking time, remove most of the heat from the bottom. Makes 10-12 servings. Bake with 9 coals on the bottom and 16 on the top.
Deep-Fried Pizza

12” Dutch Oven

**Ingredients:**

*Pizza Sauce (start this before dough):*
- 2 8 oz. cans of tomato sauce
- 1 or 2 cloves of fresh garlic
- 1 Tbsp chopped onion
- ½ tsp Italian seasoning
- 1 Tbsp oil

Heat oil; add garlic and brown. Add onions and sauté. Add tomato sauce and Italian seasoning. Cook to desired consistency. (Make dough recipe below while cooking sauce).

*Pizza Dough:*
- 1 pkg. active dry yeast
- 1 cup warm water (105-115°)
- 1 tsp salt
- 1 tsp vegetable oil
- 2 ½ cups flour

Dissolve yeast in warm water. Stir in remaining ingredients, beat vigorously 20 strokes. Let rest about 5 minutes.

**Making the Pizza:**

- Pepperoni
- Pineapple
- Olives
- Mozzarella Cheese or Favorite Topping
- Mushrooms

Take a small ball of pizza dough, roll it out into a 5-inch circle. Place cheese, and whatever topping you like on half the circle. Be careful not to put too much on, or it will burst while cooking. Fold empty half over topping and seal tightly by pinching edges together. Place into 3 inches of preheated oil (350 ° F. – USE THERMOMETER). Let cook until golden brown.

Remove cooked pizzas carefully to avoid splatters, and place on paper towels to drain, then place on plate and top with pizza sauce, and if desired more grated cheese.

Heat oil by using 16-18 coals on bottom. No top heat.  **WATCH CAREFULLY**
Meats

BBQ Beef Tri Tip

Ingredients:
2 3 – 5 lb tri tip roast
1 Tbsp oil
2 medium onions, chopped
2 tsp chopped garlic
6 oz beer
4 cups BBQ Sauce

Preparation:
In 12 or 14 inch Dutch oven, sauté onion and garlic in oil. Add both roasts, brown on all sides. Add beer, cover and cook at about 400 degrees for about 1 hour or until meat thermometer reads 150 degrees, medium rare. Remove roasts from oven and slice. Put sliced tri tip back into the oven, cover with BBQ sauce, cover and cook at least ½ hour longer. Serve in BBQ sauce. Serves 8 to 12.

Peppered Beef Tri Tip

Ingredients:
2 3 – 5 lb tri tip roast
McCormick Grill Mates Montreal Steak Seasoning

Preparation:
Rub roasts all over with seasoning. Wrap in foil. Refrigerate overnight. Heat 12 or 14 inch Dutch oven to 400 to 425 degrees, add foil wrapped meat, cover and cook for about 45 minutes to 1 hour. Remove foil to brown meat and continue cooking cover until desired doneness, about ½ hour for medium rare, 150 degrees. Serves 8 to 12.
**Sam’s BBQ Sauce**

**Ingredients:**

- 1- 28oz bottle ketchup
- 1/4 cup vinegar
- 1/4 cup brown sugar
- 1/4 cup honey
- 1/2 cup molasses
- 3 Tbsp Worcestershire sauce
- 1 Tbsp liquid smoke
- 1 tsp salt
- 1 Tbsp black pepper
- 2 tsp cayenne pepper
- 2 Tbsp olive oil
- 1 med onion
- 1 med green pepper (optional)
- 2 cloves garlic

**Preparation:**
Sautee onions, garlic and green peppers in olive oil. Add remaining ingredients and simmer for 1 hour. Make a big batch and stick some in your freezer.

**Baked Chicken and Rice**

**Ingredients:**

- 2 cups long grain rice
- 1 can cream of mushroom soup
- 1 can cream of chicken soup
- 1 cup sour cream
- 1 small onion; diced
- 1 stalk celery; diced
- 3 cloves garlic; minced
- 1 Tbsp Worcestershire sauce
- 2 cans water
- 8 – 10 pieces of chicken
- 2 tsp poultry seasoning
- Salt and pepper to taste

**Preparation:**
To a 12” Dutch oven add rice, soups, sour cream, onion, celery, garlic, Worcestershire, and water. Stir to mix. Season chicken with poultry seasoning, salt and pepper then place over top of rice mixture.

Cover Dutch oven and bake using 10-12 briquettes bottom and 14-16 briquettes top for 90 minutes. Serves 8 – 10
Orange Glazed Stuffed Pork Chops

Ingredients:

**Meat**
- 10 – 8 oz. pork chops w/ pockets cut
- Salt and pepper to taste
- 4 Tbsp olive oil
- 1 cup hot water

**Glaze**
- 4 oranges; juice & zest
- 1 ½ cup sugar
- 1 tsp ground cinnamon
- 1 tsp salt
- 1Tbsp cornstarch
- 10 whole cloves

**Stuffing**
- 1 ½ cup yellow onion; diced
- 1 cup celery; diced
- 12 Tbsp butter
- 2 cups bread cubes; ½” cubes
- 1 large apple; cored, peeled, & diced
- ¼ cup slivered almonds
- 2 Tbsp parsley flakes
- 1 tsp rosemary
- 1 tsp paprika
- 1 tsp allspice
- 2 tsp salt
- 2 tsp fresh ground black pepper
- ½ cup water

Preparation:

Heat a 14” Dutch oven using 20-22 briquettes bottom heat. When oven is hot add butter, onions, and celery. Sauté until tender. Return oven to the heat and stay hot.

In a large bowl combine bread cubes, apple, almonds, parsley, rosemary, and seasonings. Mix in the onions and celery. Add enough water to moisten the dressing.

Stuff the mixture into the pork chops. Seal the pockets with toothpicks and tie with butcher string. Season both sides of the cops with salt and pepper.

Add olive oil to the 14” deep Dutch oven. Place chops in oven and brown both sides. Stand chops on end so they rest on the bone. Add HOT water to the oven. Cover and simmer using 14 briquettes bottom and 14 briquettes top for 45 to 60 minutes or until internal meat temperature reads 175° F.

In an 8” Dutch oven add juice and zest from 4 oranges and the remainder of the glaze ingredients. Stir to mix. Heat using 12 briquettes bottom, stirring frequently until mixture boils. Reduce briquettes on bottom to 4 and let simmer 15 minutes.

Remove chops from the Dutch oven, dip in glaze, and place on a serving platter. Serves 10
Pineapple Dr. Pepper Spare Ribs

Ingredients:
- 8-10 boneless pork spare ribs
- 1 green bell pepper; diced
- 1 yellow onion; diced
- 1 (20 oz) can pineapple tidbits
- 1 (12 oz) can Dr. Pepper
- 1 (6 oz) can tomato paste
- 1 cup medium Pace Picante sauce
- ¾ cup brown sugar
- 4 cloves garlic; minced
- 2 tsp coarse ground black pepper

Preparation:
Trim most of the fat from ribs. Arrange ribs in the bottom of a 12” Dutch oven. Drain pineapple, reserving juice. Sprinkle bell pepper, onions and pineapple evenly over ribs. In a large bowl stir together the remaining ingredients including the reserved pineapple juice and pour over ribs. Cover oven and cook for 2 hours using 6-7 briquettes bottom and 12-14 briquettes top heat (325° F) replenishing briquettes once after 1 hour of cooking time. Turn and baste ribs in oven juices carefully every ½ hour. Serves 8 – 10